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Lactation Support | MATERNA® LACTO+™

Contains organic fenugreek which is traditionally used in herbal medicine to help promote breast milk production in breastfeeding moms. From the #1 Doctor Recommended** and #1 Prenatal Multivitamin* brand.

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Women 19 years or older.

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Features & Benefits

- Once daily dose, to be taken prior to conception, during pregnancy and when breastfeeding
- Helps prevent neural tube defects**
- Contains folic acid and 22 essential vitamins and minerals
- Helps support normal fertility, healthy bones, and the immune system
- Helps reduce tiredness & fatigue due to iron deficiency anemia

*Nestlé 2016 vitamin research. Data on file.

**When taken daily at least three months prior to becoming pregnant and during early pregnancy.

Caution: Do not exceed the recommended dose. If taking other supplements, read label, as other supplements may contain the same ingredients. In case of accidental overdose, contact a physician or poison control centre immediately. Keep out of reach of children. There is enough iron in this package to seriously harm a child. To exclude the diagnosis of a serious cause of infertility, consult a healthcare practitioner prior to use. Hypersensitivity has been known to occur; in which case, discontinue use.

Ingredients

Non-medicinal ingredients : cellulose, hypromellose

Allergens

In rare occasions, individuals allergic to peanuts, soy or other legumes may experience allergic symptoms

Nutritional Information

EACH CAPSULE CONTAINS:

Organic Fenugreek (*Trigonella foenum-graecum*) 500 mg

Product Highlights

Becoming a mom is life's biggest adventure and it's one you're embarked on. Breastfeeding can be one of the most amazing moments that you can have with your newborn baby. However, not having enough breastmilk is one of the top concerns and could lead to having to stop breastfeeding earlier than desired. MATERNA Lacto+ Lactation Supplement Capsules (120 ct) is an easy-to-take postnatal breastfeeding supplement to help promote breast milk production***.

Features & Benefits

Dosage

Ingredients & Nutritional facts

Other formats/flavours available

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Source URL: <https://www.nestlebaby.ca/en/materna-lacto-plus>

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