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Prenatal DHA| Materna® Prenatal Gummies + DHA

From the #1 Doctor Recommended** and #1 Brand* of prenatal Multivitamin

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Women 19 years or older.

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Features & Benefits

- Once daily dose, to be taken prior to conception, during pregnancy and when breastfeeding
- Helps prevent neural tube defects**
- Contains folic acid and 22 essential vitamins and minerals
- Helps support normal fertility, healthy bones, and the immune system
- Helps reduce tiredness & fatigue due to iron deficiency anemia

*Nestlé 2016 vitamin research. Data on file.

**When taken daily at least three months prior to becoming pregnant and during early pregnancy.

Caution: Do not exceed the recommended dose. If taking other supplements, read label, as other supplements may contain the same ingredients. In case of accidental overdose, contact a physician or poison control centre immediately. Keep out of reach of children. There is enough iron in this package to seriously harm a child. To exclude the diagnosis of a serious cause of infertility, consult a healthcare practitioner prior to use. Hypersensitivity has been known to occur; in which case, discontinue use.

Ingredients

Non-Medicinal Ingredients: organic tapioca syrup, pectin, citric acid, natural fruit flavours (elderberry, lemon, orange), natural colours (annatto, blackcurrant extract, carrot juice), cane sugar, lemon peel essential oil, rosemary extract, coconut oil, sunflower oil, invert sugar, medium chain triglycerides, carnauba wax, sodium citrate, tocopherols, ascorbyl palmitate, calcium sulfate, cellulose gum, dibutyl

decanedioate, dicalcium phosphate, maltodextrin, modified food starch, silicon dioxide.

Product information is subject to change. Please refer to the product label or packaging for the most current nutrition and allergen information.

Nutritional Information

Each Serving Contains (3 Gummies):

VITAMINS

Biotin	9 mcg
Folate (folic acid)	400 mcg
Niacinamide	4.5 mg
Pantothenic Acid (calcium d-pantothenate)	1.8 mg
Vitamin A (vitamin A palmitate)	325 mcg RAE
Vitamin B6 (pyridoxine hydrochloride)	0.5 mg
Vitamin B12 (cyanocobalamin)	2.8 mcg
Vitamin C (ascorbic acid)	30 mg
Vitamin D (cholecalciferol)	15 mcg
Vitamin E (dl- α -tocopheryl acetate)	4.8 mg AT

MINERALS

Calcium (tricalcium phosphate)	150 mg
Choline (choline bitartrate)	55 mg
Iodine (potassium iodide)	150 mcg
Zinc (zinc citrate)	3.8 mg

DHA

Schizochytrium Oil (Schizochytrium spp.)	235 mg
Docosahexaenoic acid (DHA)	100 mg

Product Highlights

For moms about to embark on life's biggest adventure, ensure you and baby get off to a healthy start with MATERNA Prenatal Multivitamin Gummies with DHA (90 ct). Crafted by the latest science and inspired by our deep understanding of maternal needs from preconception to pregnancy to breastfeeding, MATERNA Multivitamin Gummies contain folic acid and other nutrients to help prevent neural tube defects^{***}, help support the normal, early development of the fetal brain and spinal cord, and help maintain immune function.

Features & Benefits

Dosage

Ingredients & Nutritional facts

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